

Long Beach City College

DIETETICS

Program

Clinical field experience in local health care facilities as part of the Dietetic Service Supervisor and Dietetic Technician program.



Late afternoon and evening courses are offered to meet the needs of the working student.



Program faculty assist in job placement in professional employment while still a student and upon graduation.



Many program graduates transfer to four-year universities to become registered dietitians (RD).



For more information visit

<http://dietetics.lbcc.edu/>

GETTING STARTED

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Register
at LBCC

Enroll
in beginning
Food & Nutrition classes

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Long Beach City College

DIETETICS

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Long Beach City College
4901 East Carson Street
Long Beach, CA 90808
www.LBCC.edu

Long Beach City College offers two programs in dietetics:

Dietetic Service Supervisor (DSS)

A DSS is certified to direct the dietary/food services department in health care facilities. The DSS uses a registered dietitian as a consultant in the hospital setting. This 29 unit DSS program is approved by the California State Department of Health Services. The program may be completed within two semesters but students may also attend part time.

Required Courses (DSS)

F&N 20	Nutrition & Life	3 units
F&N 21	Food Selection & Meal Prep.	4 units
F&N 224	Sanitation, Safety & Equipment	3 units
F&N 225	Introduction to Food Service & Work Organization	3 units
F&N 227	Supervision & Training Techniques	3 units
F&N 228	Food Production Management	3 units
F&N 230AC	Clinical Field Experience (2 semesters - 150 hours)	2:2 units
F&N 231	Menu Planning & Food Purchasing	3 units
F&N 232	Therapeutic Diets	3 units
Total		29 units

Dietetic Technician (DT)

A DT is a registered nutrition counselor who is able to work in a variety of health care and nutrition settings such as hospitals, clinics, senior and child programs, schools, convalescent/rehabilitation hospitals health spas, gyms, athletics, eating disorder programs, health education settings as well as food service management. This program consists of 11 additional units beyond the DSS requirements plus Associate of Arts degree requirements. The Long Beach City College Dietetics Technician Program is currently granted accreditation status by the Commission on Accreditation for Dietetics Education (CADE) of the American Dietetic Association, 216 W. Jackson Blvd., Chicago, IL 60606-6995, (312) 899-5400, www.eatright.org.

Upon completion of the DT program, the graduate may become a Registered Dietetics Technician (DTR) by successfully passing the CADE national registration exam.

Required Course (DT) in addition to (DSS) courses:

F&N 234	Advanced Nutrition Care	3 units
F&N 235	Advanced Medical Nutrition Therapy	3 units
F&N 236	Dietetic Seminar	1 unit
F&N 240AC	Clinical Field Experience II (2 semesters - 300 hours)	2:2 units
Total		11 units

Plus General Education courses for A.A. degree.



Career Opportunities

- Food Service Management
- Hospitals
- Clinics
- Convalescent Centers
- Rehabilitation Hospitals
- Nutrition Counselor
- Health & Fitness Centers
- Nutrition Sales & Marketing
- Nutrition Consultant
- Infant & Child Nutrition Programs
- Senior Nutrition Programs
- Nutrition Education
- Commercial Foods
- School Food Service
- Community Nutrition
- Eating Disorder Programs
- Nutrition Wellness Programs

